

**Stormwater Monitoring Project  
Volunteer Information and Training Record**

**General Information**

First Name \_\_\_\_\_ Preferred Name \_\_\_\_\_

Last Name \_\_\_\_\_

Cell Phone \_\_\_\_\_ Email \_\_\_\_\_

Okay to Text? Yes \_\_\_ No \_\_\_

Address \_\_\_\_\_

Okay to share the information above with Stormwater Volunteers? Yes \_\_\_ No \_\_\_

**Emergency Contact Information**

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Phone \_\_\_\_\_ Relationship \_\_\_\_\_

**Training Date** \_\_\_\_\_

**Outfall Group Assignment** \_\_\_\_\_

**Safety Training**

Initial \_\_\_ I have read and understand the *FOSS General Safety Rules and Guidelines for Volunteers*.

Initial \_\_\_ I have read and understand the *FOSS L&I "Medical Aid Only" Coverage Letter*.

**Non-Disclosure Agreement**

By signing below, I am agreeing to the following statement:

The data generated by volunteer activities belongs to Friends of the Salish Sea (FOSS) and is not to be shared as individual components or in any compiled form. FOSS has an established process to review and report results. Unauthorized disclosure of this information is a violation of trust between FOSS and the responsible government agencies.

Name (Print) \_\_\_\_\_ Signature \_\_\_\_\_

Date \_\_\_\_\_

# General Safety Rules and Guidelines for Volunteers

## Background

The following rules and guidelines are for volunteers participating in Friends of the Salish Sea (FOSS) projects and sponsored activities. These guidelines will be amended in the future, as needed, to comply with changes to county and/or state directives.

## **Volunteers Must:**

- Be at least 18 years old
  - children at least 12 years old may accompany volunteers but are not allowed to actively participate.
- Have read and signed:
  - General Safety Rules and Guidelines for Volunteers (this document)
  - Labor and Industries Medical-Only Insurance Plan for Volunteers
- Be respectful of all property, including access restrictions, be it public or private
- Comply with all appropriate local, state, and federal rules and guidelines
- Report any injuries to the FOSS Volunteer Coordinator, Project Manager or Project Lead.

## **Volunteers Must NOT:**

- Attempt to remove hazardous waste
  - Notify the responsible municipal authority as soon as possible
- Attempt to open/access a manhole or other municipal stormwater infrastructure
  - If access is needed, prior arrangements **MUST** be made with the appropriate municipal personnel.

## **For Your Safety:**

- Park all vehicles clear of the roadway
- Wear sturdy footwear and/or boots appropriate for the terrain and surfaces expected
- Be aware of loose material, tripping hazards, uneven ground, and other obstructions
- Wear the high-visibility reflective safety vest provided
- Be sure to check and bring the first-aid kit provided
- Reschedule if weather conditions are such as to make collection/testing unsafe



# STORMWATER MONITORING PROJECT

Dear Stormwater Volunteers:

*Friends of the Salish Sea (Friends)* has elected to purchase “medical aid only” coverage from the Washington State Department of Labor and Industries (L&I) for all Stormwater Monitoring Project volunteers. Coverage is retroactive to April 1, 2022. There is no action needed on your part to be included in this coverage beyond reporting your time on the monitoring datasheets. *Friends* will take care of all the required periodic reporting and payments to L&I. It is important to understand that this coverage does not include the full suite of workers’ compensation offered to paid employees such as wage replacement, retraining, etc. The coverage is for medical aid only which basically means doctor bills.

*Friends* understands many of you, probably most, already have health insurance. L&I’s insurance is not a replacement for your personal insurance, but it does establish a baseline of coverage for those that might not have a personal health insurance plan or may have temporarily lost coverage. *Friends* recognizes that accessing some of the outfalls involves some risk of injury so we feel that everyone should have a baseline of medical insurance coverage while volunteering.

Of course, our hope is that no one gets injured while volunteering! However, if you are injured while volunteering and the injury requires medical treatment, please notify our Database Coordinator, Chris Wood at **(734) 353-0608**, Stormwater Program Manager, Shannon Valderas at **206-934-0809**, or President, Tim Gohrke at **425-424-3294** as soon as possible, even if you elect not to file an L&I claim. If you wish to file a claim with L&I, *Friends* will coordinate with you and initiate the required action with L&I on your behalf. Full disclosure, please be aware that L&I will require your SSN should you elect to file a claim.

Best regards,

Tim Gohrke, *Friends of the Salish Sea* – President

Sue Spadoni, *Friends of the Salish Sea* - Treasurer

# Notice to Volunteers!

Every Friends of the Salish Sea (Friends) volunteer is covered by medical aid insurance through the Washington State Department of Labor and Industries. In the unfortunate event you are injured while volunteering, you are entitled to medical aid benefits. Those benefits include:

**Medical Care.** Direct medical expenses resulting from your injury while volunteering are covered by the medical aid program.

**Source:** <https://www.lni.wa.gov/>

You can do this online with FileFast

([www.lni.wa.gov/FileFast](http://www.lni.wa.gov/FileFast), by phone at 1-877-561-FILE, or on paper in your doctor's office. Filing online or by phone speeds the claim and reduces hassle.

**File your claim as soon as possible.** For an on-site injury, you must file a claim and the Department of Labor and Industries (L&I) must receive it within one year after the injury occurred.

Report your injury to:

Shannon Valderas - 206-934-0809

Chris Wood - 734-353-0608

Tim Gohrke - 425-424-3294

Friends L&I Account ID: 330, 983-01

## What you should do

**Report our injury.** If you are injured, no matter how minor, contact the person listed on this poster.

**Get medical care.** The first time you see a doctor, you may choose a healthcare provider who is qualified to treat your injury. For ongoing care, you must be treated by a doctor in the L&I network. (Find network providers at [www.lni.wa.gov/FindADoc](http://www.lni.wa.gov/FindADoc)).

**Qualified health-care providers include:** medical, osteopathic, chiropractic, naturopathic, and podiatric physicians; dentists, optometrists, ophthalmologists; physician assistants; and advanced registered nurse practitioners.

**Tell your healthcare provider and Friends about your volunteer related injury.** The first step in filing a medical aid claim is to fill out a Report of Accident (ROA).

