



STORMWATER MONITORING PROJECT

Dear Stormwater Volunteers:

Friends of the Salish Sea (Friends) has elected to purchase “medical aid only” coverage from the Washington State Department of Labor and Industries (L&I) for all Stormwater Monitoring Project volunteers. Coverage is retroactive to April 1, 2022. There is no action needed on your part to be included in this coverage beyond reporting your time on the monitoring datasheets. *Friends* will take care of all the required periodic reporting and payments to L&I. It is important to understand that this coverage does not include the full suite of workers’ compensation offered to paid employees such as wage replacement, retraining, etc. The coverage is for medical aid only which basically means doctor bills.

Friends understands many of you, probably most, already have health insurance. L&I’s insurance is not a replacement for your personal insurance, but it does establish a baseline of coverage for those that might not have a personal health insurance plan or may have temporarily lost coverage. *Friends* recognizes that accessing some of the outfalls involves some risk of injury so we feel that everyone should have a baseline of medical insurance coverage while volunteering.

Of course, our hope is that no one gets injured while volunteering! However, if you are injured while volunteering and the injury requires medical treatment, please notify our Database Coordinator, Chris Wood at **(734) 353-0608**, Stormwater Program Manager, Shannon Valderas at **206-934-0809**, or President, Tim Gohrke at **425-424-3294** as soon as possible, even if you elect not to file an L&I claim. If you wish to file a claim with L&I, *Friends* will coordinate with you and initiate the required action with L&I on your behalf. Full disclosure, please be aware that L&I will require your SSN should you elect to file a claim.

Best regards,

Tim Gohrke, *Friends of the Salish Sea* – President

Sue Spadoni, *Friends of the Salish Sea* - Treasurer

Notice to Volunteers!

Every Friends of the Salish Sea (Friends) volunteer is covered by medical aid insurance through the Washington State Department of Labor and Industries. In the unfortunate event you are injured while volunteering, you are entitled to medical aid benefits. Those benefits include:

Medical Care. Direct medical expenses resulting from your injury while volunteering are covered by the medical aid program.

Source: <https://www.lni.wa.gov/>

What you should do

Report our injury. If you are injured, no matter how minor, contact the person listed on this poster.

Get medical care. The first time you see a doctor, you may choose a healthcare provider who is qualified to treat your injury. For ongoing care, you must be treated by a doctor in the L&I network. (Find network providers at www.lni.wa.gov/FindADoc).

Qualified health-care providers include: medical, osteopathic, chiropractic, naturopathic, and podiatric physicians; dentists, optometrists, ophthalmologists; physician assistants; and advanced registered nurse practitioners.

Tell your healthcare provider and Friends about your volunteer related injury. The first step in filing a medical aid claim is to fill out a Report of Accident (ROA).

You can do this online with FileFast

(www.lni.wa.gov/FileFast, by phone at 1-877-561-FILE, or on paper in your doctor's office. Filing online or by phone speeds the claim and reduces hassle.

File your claim as soon as possible. For an on-site injury, you must file a claim and the Department of Labor and Industries (L&I) must receive it within one year after the injury occurred.

Report you injury to:

Shannon Valderas - 206-934-0809

Chris Wood - 734-353-0608

Tim Gohrke - 425-424-3294

Friends L&I Account ID: 330, 983-01

